



## ***Overview of Coaching Courses offered by CAM***

**501 – Intro to Coaching.** This course provides an overview of the theory and skills of coaching. Time will be spent understanding how coaching works, a process for coaching, and basic skills utilized in a coaching relationship. 16 hours.

**502 – Establishing a Dynamic Coaching Relationship.** This course focuses on creating dynamic coaching relationships. Focus is given to orienting around areas of strengths and high performance patterns. This course introduces the students to establishing a coaching practice and ethical issues in coaching. 16 hours.

**503 – Coaching for Change, Transition and Transformation.** This course focuses on coaching people through differing types of change including pro-active change, transitions, and transformations. The course integrates biblical and theological rationale and reflection in understanding coaching in relationships and disciple making. 16 hours.

**504 – Coaching as a Learning Catalyst.** In the coaching relationship, the coach is a learning partner focused on the growth of the person being coached. This class provides information on learning styles, cognitive preferences, and learning processes in order to generate powerful results in the person being coached. 16 hours

**505 – The Language of Coaching.** This course focuses on the language of coaching. Students explore using distinctions, metaphors, stories, formulas, and other language formats that are effective when coaching. 16 hours

**506 – Personal Coaching.** In this course, students develop the six basic components of personal coaching: goals, tolerations, needs, values, boundaries and standards. 16 hours

**507 – Coaching Teams.** Students gain an understanding of building authentic teams and developing the skills to coach around team dysfunction, team covenants, and alliances. 16 hours.

**508 – Coach Approach to Discipleship and Evangelism.** This course helps students apply coaching skills and insights into the work of the Great Commission to help people embrace the gospel while creatively living the commands of Christ. 16 hours.

**509 – Launching a Coaching Practice.** Students learn how to start a successful coaching practice. The course includes time invested helping each student develop their own strategy and tools for moving forward with their coaching practice. 16 hours.

**510 – Using Assessments, Instruments and Tool in Coaching.** This course provides students an overview of various assessments, inventories, and tools for creating awareness with coaching clients. Among the instruments addressed will be the Myers-Briggs Type Indicator (MBTI), the Leadership Practices Inventory 360 (LPI 360), Strengths Finder 2.0, and DiSC. Attention will be given to discerning which instruments are most useful in which client situations, what steps are necessary for utilizing various instruments, and how to promote effective client engagement with instruments. 1. 16 hours.